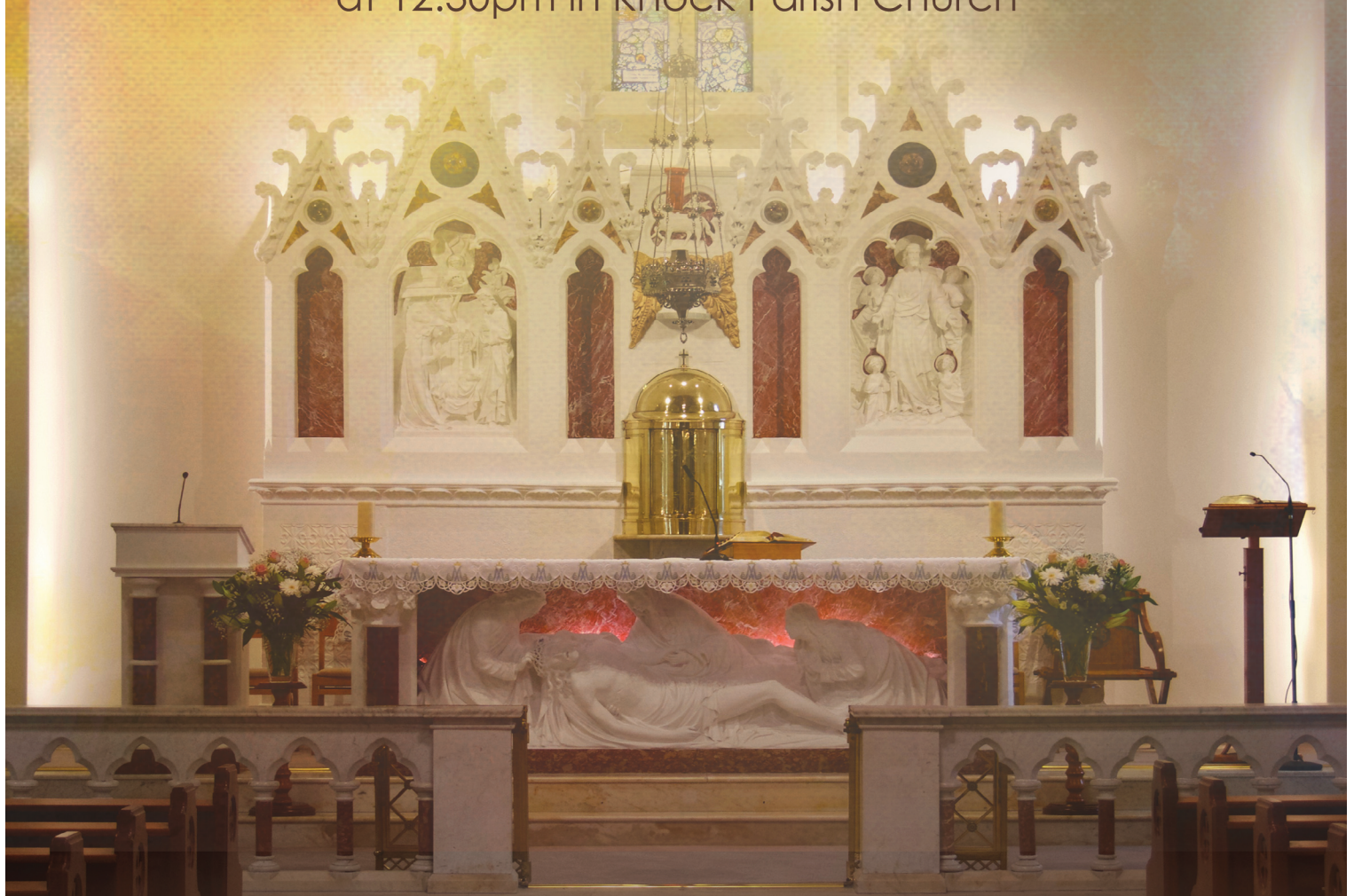




KNOCK

# Sensory-friendly Mass

takes place on the last Sunday of each month  
at 12.30pm in Knock Parish Church



**All those with additional needs are especially welcome.  
This Mass has subdued lighting and no music. Pictorial resources available.**

*"Jesus, help us to understand and recognise that each one of us has gifts and challenges. Help us to open our hearts as we open our doors to be a welcoming and inclusive faith community." Amen.*

*For more information, please contact Nicola Mitchell at Knock Shrine  
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