

KN CK PILGRIM PASSPORT

Your guide to completing your pilgrimage at Knock Shrine

Knock Shrine, Croagh Patrick & Lough Derg are designated as National Pilgrimage sites for the Jubilee Year 2025. This guidebook contains the information you need to get you on your way.

WELCOME TO KNOCK SHRINE

Today, you follow in the footsteps of generations of pilgrims who have come to this sacred place before you.

Pilgrimage is not about the destination, it is about the journey. As you cross the threshold here at Knock Shrine, your time with us is an opportunity to step away from the busy schedule of your daily life and to take time to be still, to be in the moment and to experience the presence of God within you.

> Pilgrims gather at the Apparition Gable in 1880. © Sean Sexton Photographic Collection

'PILGRIMS OF HOPE' PILGRIM PASSPORT

During this Jubilee Year 2025, you are encouraged to visit the three national designated places of pilgrimage on the island of Ireland – Knock Shrine, Co. Mayo, Croagh Patrick, Co. Mayo and St. Patrick's Purgatory at Lough Derg in Co. Donegal.

Your passport will be stamped at each location, once you have completed the steps of the pilgrimage, as determined at each of these pilgrimage sites.

> Here at Knock Shrine, there are many opportunities before you today, as you take the time for personal prayer and reflection. If time allows, we encourage you to experience as many aspects of this sacred place as possible. For the purposes of receiving a stamp on your pilgrimage passport, we recommend that you take the time to choose three places to visit within the Shrine complex.

This is a place where Heaven touched earth, a reminder of the power of the Divine and the miraculous. We invite you to be open to the mystery that unfolds before you and hope that you will leave this peaceful place renewed in faith and refreshed in spirit.

We ask you to select at least 3 of the following options, however you are welcome to complete as many as you wish.

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1. Visit the Apparition Chapel

The Apparition Chapel encloses the site where the heavenly vision took place here on a wet harvest evening on Thursday, August 21st 1879. It was to this very spot that the families of this small rural village rushed excitedly from their homesteads, full of wonder and awe, to gaze upon the miraculous sight before them at their parish church.



Reflect on this unique moment, when Heaven touched earth. Ponder the hope of the generations who have come before you in search of comfort and consolation. Immerse yourself in the sacred silence of this unique place. Take time to reflect on your own personal reason for your presence here today.



2. Participate in Engaging Liturgies

Join in the celebration of the Eucharist, accompanied by inspirational sacred music. Masses take place throughout the day at Knock Shrine.

3. Find Quiet Spaces for Prayer and Reflection

The Chapel of Reconciliation. This peaceful subterranean chapel is lit by one single shaft of natural light. The calm atmosphere lends itself to spending time in quiet meditation, as you prepare to receive the Sacrament of Reconciliation.

The Imogen Stuart Beehive Meditative Cell is located in the this chapel. The hand-carved wooden cell is based on the beehive cells in which early Irish monks and hermits lived. Spend some time in the cell and experience the peace and tranquillity of the space.



Drop-In Spiritual Direction is available in this chapel throughout the pilgrimage season. No appointment is necessary. Available from Tuesday to Thursday, 12pm to 3pm and from Friday to Sunday, 11am to 3pm.



4. Spend Time In The Blessed Sacrament Chapel

The representation of the Eucharist is the central and unique element of the Knock Apparition. This chapel is a dedicated space in which to spend time in the presence of the Lord during your time here at Knock Shrine.

5. Guided Prayer At Knock Prayer Centre

Knock Prayer Centre is a quiet space where you can relax and pray, a place where you can also experience what it is like to pray with Scripture. Join our experienced prayer guides for a short guided prayer session.

6. Discover Unique Artistic Works

Throughout the Shrine, you will discover a wide range of artistic works by renowned Irish and International artists. Working in a range of specialities, from glasswork to sculpture, the spirit is lifted by beautiful pieces, in each of the churches and throughout the grounds.



The **Apparition Mosaic** in Knock Basilica is an aweinspiring representation of the Apparition scene. One of the largest of its kind in Europe, the mosaic contains over 1.5 million individual pieces of hand-cut glass and marble.

The **Stations of the Cross** in Knock Basilica depict the Passion and death of Jesus with dramatic effect. The large linen panels take account of the scale of the Basilica and yet transcend the limits of their physical

surroundings. Take time to contemplate the Way of the Cross. The prayers can be found by scanning the QR code on page 7 of this booklet.

Other artistic pieces in the Basilica celebrate the rich ecclesiastical heritage of Ireland. These include the **Replica Windows from Ancient Irish Abbeys** that divide each of the five chapels and the stunning tabernacle that is inspired by the Book of Kells.

7. Bring Home A Little Knock Holy Water

Water blessed at Knock Shrine is valued and cherished by pilgrims and few leave Knock without filling a container to take home with them. There are 18 outdoor Holy Water Fonts located in front of the Apparition Chapel. These Portuguese sandstone fonts are the work of Imogen Stuart and each one



depicts an image from Scripture relating to water. You are welcome to bring your own containers to fill.

8. Hear Our Compelling Story at Knock Museum



At Knock Museum you will discover the intriguing story of the Apparition that occurred here in 1879. See how the witnesses lived in the thatched cottage. The scale model of Knock depicts the village as it was on the evening of the Apparition. Continue from here to the Apparition Chapel, and pray a decade of the Rosary for your intentions and those of the people who have asked you to pray for them.

9. Explore The Creation Walk

The Creation Walk begins at Knock Museum car park and meanders for 0.5km through the natural woodlands at Knock Shrine. This waymarked trail offers a quiet space in which to appreciate nature and take time for personal prayer and reflection. The stops along the way tell the story of this wonderful planet from the 'big bang' to the present day.

10. Following The Traditional Station

You may wish to follow the Traditional Station at Knock Shrine, should time allow. This prayer station has been undertaken by pilgrims since the earliest days, reflecting the ancient Irish tradition of 'praying the rounds'

at holy places. This includes praying the Rosary, a visit to the Blessed Sacrament in any of the chapels and following the Stations of the Cross. A pilgrimage guide is available in any of the Mass enrolment offices, in Knock Bookshop and at Knock Museum. Alternatively, you can download a copy using the QR code here:



11. Stamping Your Passport

Once you have completed at least 3 of the steps above, you may have your pilgrimage passport stamped at the following locations:

- The Information Centre (adjacent to Knock Basilica)
- Knock Museum

Now that you have completed your pilgrimage, we invite you to continue to Croagh Patrick and Lough Derg. Once you have completed all three stages, you will receive a commemorative pin. For more information on the pilgrimage passport, please visit **www.pilgrimagepassport.ie** Please add a tick beside the elements of pilgrimage that you have undertaken during your time with us at Knock Shrine:

Visit to the Apparition Chapel **Participation in liturgies Exploring artistic works** \bigcirc Visit to the Chapel of Reconciliation \bigcirc Meditation in the Beehive Cell \mathbf{O} Visit to the Blessed Sacrament Chapel \bigcirc Attending a guided prayer session \mathbf{O} **Collecting Holy Water** \bigcirc **Exploring the Creation Walk** \bigcirc A visit to Knock Museum The Traditional Station



Further details from www.knockshrine.ie

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